

## COURSE SYLLABUS

<b>COURSE TITLE:</b>	Psychology	<b>COURSE CODE:</b>	PSYC110
<b>PREREQUISITES:</b>	This class is open to all.	<b>SEMESTER:</b>	FALL 2020
<b>INSTRUCTOR:</b>	Johanna Levy	<b>CREDITS:</b>	3
<b>EMAIL:</b>	jlevy@igs-groupe.fr	<b>SCHEDULE:</b>	Tuesdays 12h30-15h30

### **COURSE DESCRIPTION:**

**Psychology** is relatively new science probing who we are and what makes us tick. This course will cover the history, biological, social, cognitive, and cultural influences, and applications of this rapidly expanding discipline. We will learn how to use some of these principles to enhance our personal and professional life by fine tuning our communication skills, learning to read body language and critically assessing ourselves in relation to family, friends, and the world we live in.

### **COURSE OBJECTIVES:**

**Objectives** - to understand Freud's theories and contribution, as well as the other schools of psychology, To conduct and realize a survey using correlations, to write and do research for a hypothesis, and to use psychology as a tool in our daily lives.

### **EXPECTED LEARNING OUTCOMES:**

Students will learn that psychology is a science enhancing their understanding of behavior and its biological, emotional, social, and cognitive roots and effects.

Upon completion of this course students should be able to:

- Understand the basic schools and perspectives of psychology and key concepts
- Communicate empirical knowledge without confirmation bias
- Research, develop and present statistical research in psychology
- Apply psychology learned to life, work and family life

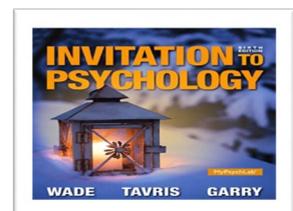
### **MANDATORY TEXTBOOK:**

#### **Invitation to Psychology (6th Edition)**

by Carole Wade (Author), Carol Tavis (Author), Maryanne Garry (Author)

ISBN-13: 978-0205990290

ISBN-10: 0205990290



### EVALUATIONS:

The final grade will be determined as follows:

**Survey results and detailed summary - 20 %** - all surveys must be brought to class the day of the presentation, PPT, a Word doc of the questionnaire, and project abstract must be sent with all names of group members.

**Mid-term – 30%** - terminology and concepts and essay question- you must know this material to understand the rest of the class

**Class participation - 20%** - this will include informal presentations, pop quizzes and participation in class discussion, simulations and role plays

**Final – 30 %** - the final grade will be 40% terminology, concepts and theories, and 40% for 4 case studies, and two open questions at 20%

**Presence in class is mandatory. More than 2 absences will lead to a failing grade.**

**Grades will be based on the ABS Standard Grading Rubrics available for download on beecome.**

### COURSE SCHEDULE:

Dates	Reading/Homework	Session Content
Session 1 22 Sept	HW- Read Chapter 1 Conduct a survey based on hypothesis- write out survey questions Be sure to read about correlations and case studies!	What is Psychology? Freud, Psychodynamic School What is a hypothesis? Scientific inquiry, correlations, rats and stats Freud- film
Session 2 29 Sept	HW- Survey questions send by e-mail Read Chapter 2 – What is psychodynamic theory?	Darwin, synapses and neurotransmitters Look at survey outline and questions Psychology in Action- how psychology is applied in the family, laboratory and work Defense Mechanisms
Session 3 6 Oct	HW- Read Chapter 4 Fill out the Dream Chart for one week, bring it next week, Are women’s brains different from men’s? Why?	Dream Interpretation- REM, The brain- do women think differently than Perception- what are the 6 senses?
Session 4 13 Oct	HW- Read Chapter 9 What is the difference between classical and operant conditioning?	Learning and Conditioning- Pavlov’s famous dog Behavior in Social and Cultural Context Disorders Body Language- how to read facial and somatic signals
Session 5 20 Oct	HW- Chapter 9- How can you break a bad habit?	<b>Survey Due- In-class presentations (To be graded, I will need an abstract, all surveys, the outline, and PPT sent to me by e-mail)</b>
Session 6 27 Oct	HW-Chapter 10- What are the problems of belonging to or working in a group? Who is Albert Bandera?	Groupthink and the Roots of Prejudice Introduction to The Humanist School

Session 7 3 Nov	HW- Chapters Who is Carl Rodgers? What is Existential psychology? <b>Group presentations of therapies with case study</b> Should we use pills or talking? When? Chapter 12	<b>Mid-term- based on HW chapters, terminology and class lecture (1h 45 m)</b>
Session 8 10 Nov	<b>Online 1</b> HW-Read Chapters Chapter 14 How does biology affect attachment and love? Why are men cheaters? Why do women like \$?	PPT- Beyond Freud Case study - jam slam- You are the therapist  The Psychology of Desire and Motives Is love a four letter word?
Session 9 17 Nov	HW- Read Chapter 11 What makes a criminal brain? What is major depression?	Theory of Personality Criminal Psychology- case studies, What is legally insane? The mind of a Murderer DSM-Diagnostic and Statistical Manual of M
Session 10 24 Nov	HW- Read Chapter 13 Does confession work? Why? Angry? Should we “let it out”, or “bottle it up”?	<b>QUIZ</b> - lecture on Health and Happiness Successful Ways of Coping with Stress- Psychopathology- The mind –body connection <b>Batman Unmasked; Film</b>
Session 11 8 Dec	HW- Review for Final- Review case studies How can you maintain happiness?	Final Review- covering terminology, major concepts, theories and application based on all chapters, terminology, Group presentations, class lecture and discussion East meets West- New trends in psychology
Session 12 15 Dec	<b>ONLINE 2</b> <b>“Everything that irritates us about others, can lead us to understanding ourselves.”</b> Carl Gustav Jung  Get the most from this course? Ask questions, and think about how to apply what you learn to life	<b>Final Exam</b> - this is one hour. The exam will be sent out and you have one hour. You must save the exam in Word doc only. 2 points per minute late, so 5 minutes is 10 points.  Debriefing- Film and discussion on how to use psychology business, at home and in our daily lives

**The schedule of Final Exams will be confirmed and published by 31 October 2020. The last day of the semester is 18 December 2020. DO NOT PLAN ANY TRAVEL BEFORE THIS DATE AS THERE ARE NO MAKE-UP EXAMS.**