# UNITED STATES INTERNATIONAL UNIVERSITY NSC 2212: LIFE ENVIRONMENT AND SOCIETY SEMESTER DETAILED COURSE SYLLABUS INSTRUCTOR:

## **OBJECTIVES**

The course is designed to enable students understand various aspects of life, and environment, their relationship and important scientific issues that affect society. At the end of the course, students should display a general understanding of life and its origin, human health and the effect of environment on human health and well being.

### **TEACHING METHODOLOGY**

Lectures, power point presentations, and class discussions: The instructor will give lectures in class to explain to the students various topics on life and environment. The lectures will take a participatory approach where the instructor will involve students by frequently asking them questions that are meant to keep them alert in class and trigger class discussions. The instructor will also be free to answer questions from the students in the course of the lectures.

**Video shows** on life and environment will be shown in class when available after the relevant topic has been covered.

Assignment criteria: Students will be given at least one research assignment on a relevant topic the the instructor thinks is important and relevant to the course, but will not be adequately covered in class due to limited time.

### **COURSE CONTENT**

Week 1 Living organisms and systems Characteristics of living organisms, structure and functions of the cell, Biological molecules: organic and inorganic molecules: Nucleic acids; DNA and RNA, Genes, genotype and phenotype.

# Group Assignment One: Theories on the origin of life and differences between Eukaryotes and Prokaryotes

Week 2 Origin of life on earth Emergence of life on earth: chemical phase and biological phase, Formation and importance of ozone layer Depletion of ozone layer: Causes and effects of ozone depletion Ultraviolet radiation; types and effects on living organisms, Effects of UV radiation the environment **Video show: Our Ozone layer** 

# Week 3

# Evolution

Microevolution, macroevolution, co-evolution speciation and extinction and adaptive radiation Effect of speciation and extinction on biodiversity

# Week 4

### **Basic needs of life**

Living systems and general needs of living systems; Man's basic needs- food, water, air, clothing , shelter, health and education. Malnutrition: primary and secondary malnutrition Nutritional deficiency diseases: causes and effects on human health Displaced people: health, food and environmental effects

# Individual Assignment One: Food Production Methods

# Week 5

## Food, environment and health

Food production and environmental effects of food production Food security issues: Causes of food insecurity; solutions Genetically modified foods: benefits and adverse effects Poverty contribution to food insecurity and poor health

# Individual Aassignment Two: Health issues afflicting Tropical Countries

## Week 6

## Health and environment

- Survey of microorganisms: virues, bacteria, fungi, protozoa, rickettsiae, chlamydia and helminths. Importance of microorganisms;
- Disease: causes and effects;
- Routes of entry of microorganisms to the body;
- Effect of pathogens on the host
- Communicable and non-communicaable diseases
- African health issues: malaria, tuberculosis, diarrhoea, HIV/AIDS

# VIDEO SHOW: THE SILENT EPIDEMIC

## Week 7

## The Immune system

• The immune system : antigens and antibodies

- How the immune system defends the body against disease,
- Immunity: Natural and acquired immunity; active and passive
- Strategies for control and prevention of diseases
- Problems causing disease control programmes
- Drug resistance issues

### MID-SEMESTER EXAMINATION

## Week 8

### **Environmental contamination of food**

- Food spoilage and post harvest losses
- Chemical residues in food: Antibiotic residues, pesticides, radionuclides mycotoxins, bacteial and plant toxins, disinfectants.
- Sources and effects of chemical residues in food

# Group Work Two: Biodiversity issues affecting our society

### Week 9

### Natural resources

- A survey of important natural resources available to man: air, water, land, energy, biodiversity, forests and minerals
- Classification of natural resources: renewable, potentially renewable, non-renewable
- Threats to future availability of natural resources: causes and effects
- Strategies for sustainable resource management

# Week 10

### **Air Pollution**

Definition and sources of pollution; harmful effects of pollutants Sources of air pollution; classes of air pollutants Effects of air pollution; On living and non-living organisms; and environment. Prevention and reduction of air pollution Greenhouse gases; greenhouse effect and global warming

### Week 11

## Water pollution

Definition and types of water pollutants

Sources and causes of water pollution;

Effluents/sewage treatment

Prevention and control of water pollution

## Week 12

### Land and noise pollution, hazardous wastes

Land/soil pollution sources and effect, control Noise pollution: Sources and effects of noise pollution. Hazardous wastes: chemical and radioactive wastes

### Week 13

#### Solid and liquid wastes

- •Classification and characteristics of solid wastes
- Storage and disposal of solid wastes
- impact of Industrializations and urbanization on environment
- Impact of tourism on the environment
- Impact of pollution on environment and society

## Week14 FINAL EXAMINATION AS PER SCHEDULE

#### **COURSE EVALUATION**

10%
10%
10%
15%
25%
30%

#### COURSE TEXT

Miller G.T. (Jnr) (2002) Living in the Environment 12<sup>th</sup> Edition. Wadsworth Publishing Co.

#### **Reference Books**

- 1. Deshmukh I. (1986) Ecology and Tropical Ecology. Blackwell Scientific Publications.
- 2..Purves, W. K. & Orians G.H (1987), Life The Science of Biology. Sinaver Assoc. Inc. Publishers Sunderland, Massachusetts.
- 3 Life, Death and The Immune System., W.H. Freeman and Company., QR 181 L53, 1994 pp 14-38.
- 4. Biochemistry, 3rd edition by Stryer Lubert QR 514.2 .S66, 1988.

5. Environmental Pollution: Atmosphere, Land, Water and Noise (by .Dix, H. M., London; John Willey, 1981).

6. Introduction to Environmental Science (by Moran, J. M., *et al.* San Francisco: Freeman, 1980).

7. United Nations, *Environmental issues, Population, Pollution and Economics* (New York: Norton & Company, 1972).

8. Elson, D., Atmospheric pollution: Causes, effects and Control Policies (Oxford: Blackwell, 1987).

## GRADING

- A 90-100
- A- 87-89
- B+ 84-86
- B 80-83
- B- 77-79

C+	74-76
С	70-73
C-	67-69
D+	64-66
D	62-63
D-	60-61
F	0-59