



SCHOOL OF HUMANITIES AND SOCIAL SCIENCES

COURSE: PSY 3125 - MULTICULTURAL DIVERSITY IN PSYCHOLOGY (ILI)
LECTURER : DR. JOSEPHINE NDANU
TIME/DAYS: TUESDAY/THURDAY 9:00 AM – 10:40 PM
VENUE: SCIC LT4
CREDIT: 3 UNITS

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OFFICE: 23

COURSE DESCRIPTION:

This course examines how different cultures influence differences in human behaviour. It also looks at the impact of ecology on cultural development, personality, emotion, communication, as well as other aspects of human behaviour from people of different cultural backgrounds. This course is meant to empower the student to understand, appreciate and respect cultural diversity and its influence on human behaviour. Dealing with diversity and intercultural relations will also be addressed.

Additionally, the course is information literacy intensive and will help students engage in using a variety of information sources to expand their knowledge, ask informed questions, and sharpen their critical thinking. It will engage students in the acquisition of knowledge, information seeking skills attitude to exploit information and competencies for academic pursuits and lifelong learning.

LINK TO UNIVERSITY MISSION OUTCOMES & PROGRAM LEARNING OUTCOMES

The mission of the School of Humanities and Social Sciences is to provide an enabling learning environment through quality programs where undergraduate and graduate students acquire knowledge, skills, positive attitudes, values and desirable behaviour. Further the SHSS is committed to promoting the generation and dissemination of knowledge in order to create a better world.

PLO 1 – Articulate the major concepts, theories, empirical findings, ethical standards and historical trends in psychology.

PLO 3 - Demonstrate creative and critical thinking approach to psychological issues in diverse settings.

PLO 4 – Communicate in multicultural settings.

EXPECTED COURSE LEARNING OUTCOMES

By the end of the course, the student will be able to:

- Apply basic psychological principles to solve real-life everyday problems.
- Recognize and respect cultural diversity in human relationships.
- Employ psychological principles in personal, social and organizational settings.
- Apply effective strategies for self-management and self-improvement.
- Appreciate the challenges of studying cultures.
- Recognize and respect the complexity of sociocultural and global diversity.

COURSE CONTENT

Week 1: Introduction: Course overview

- Getting acquainted
- Review and explanation of student requirement and effectiveness
- Introduction to course and course content

Required: Course text – Matsumoto & Juang (2008)

Week 2: Culture and the science of Psychology

- Defining key concepts: Culture, cultural diversity, psychology
- Factors that influence culture
- Importance of studying cross- cultural studies
- Contrasting culture to race, personality, popular culture
- Culture influence on behaviour and mind

Readings: Course text chapter 1 & 2

Week 3: Enculturation

- Cultural learning; Culture and education
- Enculturation and socialization
- Parenting and families
- Culture and peers

Readings: Course text chapter 3

Week 4: Cultural development process

- Subjective aspects of culture
- Culture and the concept of self
- Culture and identity; Culture and attributions

Readings: Course text chapter 13

Week 5: Cultural influences on aggression, dominance and conformity

- Culture and emotion

Group 1 presentation

Readings: Course text chapter 8 &14

Week 6: Culture and social behaviour

- Culture and gender

QUIZ 1- Objective Questions

Group 2 presentation

Readings: Course text chapter 6

Week 7

Mid semester exam

Week 8: Culture and health

- Cultural differences in definition of health
- Culture and definition of abnormality
- Cultural differences in promotion of physical and mental health

Group 3 presentation

Readings: Course text chapter 7 &11

Week 9: Culture and treatment of abnormal behavior

- Culture and psychotherapy
- Diverse culture in treatment
- Culturally competent services
- Indigenous healing

Group 4 presentation

Readings: Course text chapter 12

Week 10: Culture: Communication and personality

- The types of nonverbal behaviors
- Barriers to effective intercultural communication
- Definition of personality
- Indigenous approaches to personality

Group 5 presentation

Readings: Course text chapter 9 & 10

Week 11: Interpersonal and intergroup relations

- Culture and impression formation
- Love, sex and marriages across cultures
- Culture and intergroup relations

Group 6 presentation

Readings: Course text chapter 14

Term paper due

Week 12: Dealing with diversity and intercultural relations

- Advantages and disadvantages of diversity

- Factors to consider when dealing with diversity
- Challenges of dealing with diversity
- Barriers to effective intercultural relations

Group 7 presentation

Readings:

Week 13: Intercultural training

- Culture shock
- Minimizing culture shock – types of intercultural training
- Strategies for improving intercultural relations

Readings:

Week 14

Final examination week

TEACHING METHODOLOGY

Lecture, group discussions, relevant texts and journal reviews, group chapter presentations.

The students are required to do all the assigned readings before class and hand in written work on time.

Course Text Books

1. Matsumoto, D. & Juang, L. (2008). *Culture & psychology*. 4th ed. Belmont, CA: Thomson Wadsworth.

Further Reading

1. Fish, J. M. (2011). *The concept of race and psychotherapy*. New York: Springer Science Business Media.
2. Laungani, P. (2007). *Understanding cross-cultural psychology: Eastern and Western perspectives*. London: Sage

Additional material will be provided from time to time.

Other Library resources:

You can access Web Based Databases such as: EBSCOhost, Ebrary, Keesings, Online, PsycARTICLES, JSTOR. Gale for locating articles in journals, electronic books, magazines and newspapers through the library catalog, which is available on-line from within and outside the campus via the USIU website (<http://www.usiu.ac.ke>). There are 24 workstations within the library, and wired access points, available throughout the building, provided with high speed network connections. There are also other workstations in the computer labs. Accessibility of e- resources off campus is through Virtual Private Network (VPN).

COURSE EVALUATION

Class Attendance and Participation	5 points
Quiz1	10 points
Group work and Presentations	20 points
Term paper	15 points
Mid-quarter Examination	20 points
Final Examination	30 points
TOTAL	100 points

1. OTHER REQUIRMENTS

- Assignments should be handed in on the due dates reflected in the course outline.
- All references used to do assignments should be cited correctly. APA format a must.
- A soft copy of the term paper will be submitted via Blackboard.
- No make-ups for exams.

2. KEY INSTITUTIONAL ACADEMIC POLICIES

Students should note the following key policies as outlined in the University Catalogue and Students' Handbook.

1. Academic dishonesty
 - a. Any intentional giving or use of external assistance during an examination without the express permission of the faculty member giving the examination.
 - b. Fabrication: any falsification or invention of data, citation or other authority in an academic exercise.
 - c. Plagiarism: any passing off of another's ideas, words, or work as one's own.
 - d. Previously submitted work: presenting work prepared for and submitted to another course.
2. Class Attendance

Students are expected to attend all classes. Absences from three classes in a 3-unit course, will result in an automatic "F" grade.

GRADING

A	90 - 100
A-	87 - 89
B+	84 - 86
B	80 - 83
B-	77 - 79
C+	74 - 76
C	70 - 73
C-	67 - 69
D+	64 - 66
D	62 - 63
D-	60 - 61
F	0 - 59