

SYLLABUS

Course information					
Code:	Not applicable	Course:	Healing and Shamanism in the Andean and Amazonian Cultures		
Coordinating area / program:	International Programs			Mode:	Classroom teaching
Credits:	3	Contact hours:	48	Autonomous study hours:	32
Career:	Not applicable				

Contact hours					
Sum:	48	Theory:	46	Practice:	0
		Laboratory:	0	Evaluation hours:	2

Course pre-requisites		
Code	Course	Career
Not applicable	Not applicable	Not applicable

Course coordinators			
Surname and first name	Email	Contact hours	Contact site
Ruelas, Abdí	aruelas@usil.edu.pe	8 a.m. – 6 p.m.	USIL Cusco Center

Instructors
Oscar Ortega

Course overview
This course introduces students to ancient and current traditional healing and shamanic practices and beliefs in the Andean and Amazonian worlds, focusing upon their origins in the pre-Columbian period and their development over time. We will discuss traditional concepts of health and illness, the roles and status of ritual specialists in native societies, the importance of sacred and medicinal plants and other natural resources, and the interaction of ancient Andean heritage with the contemporary cultural context of modern Peru. Field trips will enable students to experience firsthand traditional healing and healing-related practices.

Course competencies	
Professional competency	Not applicable
Level of professional competency	Not applicable
USIL general competencies	Not applicable

Course learning outcomes		
General learning outcome	N°	Specific learning outcomes
Students will learn to identify and interpret traditional healing and shamanic beliefs and practices of the Andean and Amazonian culture, recognize their main elements and concepts, their function and symbolism.	1.	Students will be able to formulate and explain the main concepts related to the healing and shamanic beliefs and practices, as well as methods of their study.
	2.	Students will acquire knowledge of the ancient techniques and procedures related to magic and healing in the Pre-Hispanic Andean cultures.
	3.	Students will learn about recent and current reality of traditional medicine and shamanism among the highland and jungle native groups and specifically about the use of sacred plants.
	4.	Students will observe and analyze the fusion of the traditional healing and shamanic practices with the contemporary local and global context.

Contents and study activity scheduling						
Session	Week	(hrs)	Type	Contents	Study outcomes and study activities	Resources
Unit	1:	General concepts of traditional medicine and shamanism; methods of study.				
Specific result:	[1]					
1	1	3	AP	What is shamanism? Traditional healing and its difference from modern medicine. General concepts of health and illness.	Lecture, students' introductory presentations.	Ppt.
	1	2	AA	Autonomous learning: mandatory reading and analysis.	Analysis of basic reading.	Basic reading.
Basic and supplemental mandatory reading:				[1]		
Unit	2:	Ancient Andean religion and healing practices.				
Specific result:	[2]					

2	2	3	AP	Religion and healing in the Pre-Columbian Andean cultures: common beliefs and practices. Ancient diseases and pathologies.	Lecture, analysis of basic readings, discussion.	Ppt, basic reading, course syllabus.
	2	2	AA	Autonomous learning: mandatory reading and analysis.	Analysis of basic reading.	Basic reading.
3	3	3	AP	Religion and healing in the Pre-Columbian Andean cultures: ritual specialists, their categories and functions.	Lecture, analysis of basic readings, discussion.	Ppt, basic reading, course syllabus.
	3	2	AA	Autonomous learning: mandatory reading and analysis.	Analysis of basic reading.	Basic reading.
Basic and supplemental mandatory reading:				[2], [13].		
Unit	3:	Healing and shamanism in the highland and jungle culture today. The use of sacred plants.				
Specific result:		[3]				
4	4	3	AP	The Spanish conquest and European diseases. Health, illness and healing practices in the Andes today. Coca leaf and related traditions in the Andean culture.	Lecture, analysis of basic readings, videos, discussion.	Ppt, videos, basic reading, course syllabus.
	4	2	AA	Autonomous learning: mandatory reading and analysis.	Analysis of basic reading.	Basic reading.
5	5	4	AP	Field trip to Huasao, the healers' town near Cusco.	Field trip.	Field trip.
	5	2	AA	Autonomous learning: mandatory reading and analysis; field trip report.	Analysis of basic reading and preparation of field trip report.	Basic reading + field trip reports.
6	6	2	AP	Field trip to the Coca Museum.	Field trip.	Field trip.
	6	2	AA	Autonomous learning: mandatory reading and analysis; field trip report.	Analysis of basic reading and preparation of field trip report.	Basic reading + field trip reports.
7	7	3	AP	Ayahuasca and the jungle tradition of consume of hallucinogenic substances.	Lecture, analysis of basic readings, videos, discussion.	Ppt, videos, basic reading, course syllabus.
	7	2	AA	Autonomous learning: mandatory reading and analysis.	Analysis of basic reading, preparation for the midterm exam	Basic reading, course syllabus, students' notes.
8	8	1	AP	Midterm exam		
	8	2	AA	Autonomous learning: mandatory reading and analysis.	Analysis of basic reading and preparation of field trip report.	Basic reading.
9	9	5	AP	Field trip to Taray and Pisac: interview with a Shipibo Ayahuasca master and a visit to the Botanical Garden of Pisac.	Field trip.	Field trip.
	9	2	AA	Autonomous learning: mandatory reading and analysis; field trip report.	Analysis of basic reading and preparation of field trip report.	Basic reading + field trip reports.
10	10	3	AP	Wachuma, willca, tobacco, toé and other sacred plants.	Lecture, analysis of basic readings, videos, discussion.	Ppt, videos, basic reading, course syllabus.
	10	2	AA	Autonomous learning: mandatory reading and analysis.	Analysis of basic reading.	Basic reading.
11	11	4	AP	Chicha brewing and feasting in the Andes. Medicinal plants and their qualities.	Lecture, analysis of basic readings, videos, discussion.	Ppt, videos, basic reading, course syllabus.
	11	2	AA	Autonomous learning: mandatory reading and analysis.	Analysis of basic reading.	Basic reading.
12	12	3	AP	Field trip to the Central Market of Cusco.	Field trip.	Field trip.
	12	2	AA	Autonomous learning: mandatory reading and analysis; field trip report.	Analysis of basic reading and preparation of field trip report.	Basic reading + field trip reports.
Basic and supplemental mandatory reading:				[3], [4], [6], [8], [9], [10], [12].		
Unit	4:	Fusion and interaction of traditional practices and contemporary society.				
Specific result:		[4]				
13	13	3	AP	Contemporary use of old practices: New Age spirituality,	Lecture, analysis of basic readings, videos, discussion.	Ppt, videos, basic reading, course syllabus.

				new religions, art. Tourism and commercialization of the traditional culture.		
	13	2	AA	Autonomous learning: mandatory reading and analysis.	Analysis of basic reading.	Basic reading.
14	14	3	AP	Field trip to a tour agency offering psychedelic experiences (NO practical psychedelic experiences are included).	Field trip.	Field trip.
	14	2	AA	Autonomous learning: mandatory reading and analysis; field trip report.	Analysis of basic reading and preparation of field trip report.	Basic reading + field trip reports.
	15	2	AA	Autonomous learning: preparation of the presentations for the final seminar.	Preparation of the presentations for the final seminar.	Basic reading, students' ppts.
15	15	1	AP	Ayahuasca: vine of the soul. Film.	Film.	Film.
15	15	1	AP	Debate about contemporary use of hallucinogenic plants and traditional healing practices.	Discussion/group work.	
15	15	2	AP	Final presentations	Students' ppt presentations.	Students' ppt presentations.
	16	2	AA	Autonomous learning: preparation for the final exam.	Revision of all the course materials.	Basic reading, course syllabus, students' notes.
16	16	1	AP	Final exam.		
Basic and supplemental mandatory reading:				[5], [7], [11].		

AA: autonomous learning

AP: contact learning

Methodology

Evaluation system

Grades for each type of evaluation and the final grade for the course are rounded to whole numbers. The final grade is the average of the continuous assessment, mid-term exam and final exam grades.

Nº	Type of evaluation	Weight
1	Continuous assessment	60%
2	Mid-term exam	20%
3	Final exam	20%

Continuous assessment (*)

Type of evaluation	Percentages	Description of disaggregated components of the evaluation		Week	Make-up evaluation		
		Nº	Description			%	
Assignments	90%	1	Report 1	5%	6	NO	
		2	Report 2	5%	7	NO	
		3	Report 3	5%	10	NO	
		4	Report 4	5%	13	NO	
		5	Debate	20%	16	NO	
		6	Reading sessions and presentations	20%	16	NO	
		7	Final paper	40%	16	NO	
				TOTAL		100%	
Comments:							
Participation in class	10%	1	Participation in class	60%	16	NO	
		2	Attendance	40%	16	NO	
				TOTAL		100%	
		Comments:					

(*) Continuous assessment includes independent study activities.

General guidelines

1. Students who arrive more than 10 minutes late will be counted as absent.
2. No food is allowed in class.

Course specific rules

1. The use of computers in class is allowed and encouraged.

2. The use of Internet in class is allowed if related to the content of the course.
3. The order of field trips can be changed according to the schedule of each specific term.
4. The duration of the final seminar can vary according to the number of students in the group. The duration of the lectures will be adjusted to the number of hours of the final seminar.
5. Written assignments should be presented in by students in digital (not printed) form.

Attendance policy

Total percentage of permitted absences in language courses:	20%
Total percentage of permitted absences in other courses:	30%

Basic and supplemental mandatory reading

Basic and Supplemental mandatory reading:

1. ELIADE, M. 1964. *Shamanism: Archaic techniques of ecstasy*. Princeton University Press & Bollingen Foundation.
2. MENDOZA, R. 2003. Lords of the medicine bag: Medical science and traditional practice in Ancient Peru and South America. In: Selin, Helaine (ed.) *Medicine Across Cultures: History and Practice of Medicine in Non-Western Cultures*. Kluwer Academic Publishers.
3. SCHULTES, R.E. et al. 2001. *Plants of the Gods: Their Sacred, Healing, and Hallucinogenic Powers*. Rochester, Vermont: Healing Arts Press.
4. ALLEN, C.J. 1981. To Be Quechua: The Symbolism of Coca Chewing in Highland Peru. *American Ethnologist*. Vol. 8, No. 1 (Feb., 1981), pp. 157-171.
5. DAWSON, A. 2012. Spirit Possession in a New Religious Context The Umbandization of Santo Daime. *Nova Religio: The Journal of Alternative and Emergent Religions*. Vol. 15, No. 4, (May 2012), pp. 60-84.
6. DOBKIN DE RIOS, M. and KATZ, F. 1975. Some Relationships between Music and Hallucinogenic Ritual: The "Jungle Gym" in Consciousness. *Ethos*. Vol. 3, No. 1 (Spring, 1975), pp. 64-76.
7. GÓMEZ-BARRIS, M. 2012. Andean Translations: New Age Tourism and Cultural Exchange in the Sacred Valley, Peru. *Latin American Perspectives*. Vol. 39, No. 6, (November 2012), pp. 68-78.
8. HARNER, M.J. 1973. *Hallucinogens and shamanism*. London, Oxford, New York: Oxford University Press.
9. JANIGER, O. and Dobkin de Rios, M. 1973. Suggestive Hallucinogenic Properties of Tobacco. *Medical Anthropology Newsletter*. Vol. 4, No. 4 (Aug., 1973), pp. 6-11.
10. LARCO, L. 1997. Encounters with the Huacas: Ritual Dialogue, Music and Healing in Northern Peru. *The World of Music*. Vol. 39, No. 1, Music and Healing in Transcultural Perspectives (1997), pp. 35-59.
11. PELUSO, D.M. and NOMIKÓS ALEXIADES, M. 2006. For export only: "Ayahuasca" tourism and hyper-traditionalism. *Traditional Dwellings and Settlements Review*. Vol. 18, No. 1, Hypertraditions: Tenth International Conference, pp. 73-74.
12. SHARON, D.G. and DONNAN, C.B. 1977. The Magic Cactus: Ethnoarchaeological Continuity in Peru. *Archaeology*. Vol. 30, No. 6 (Nov. 1977), pp. 374-381.
13. VERANO, J.W. 1997. Advances in the Paleopathology of Andean South America. *Journal of World Prehistory*. Vol. 11, No. 2 (June 1997), pp. 237-268.

Supplemental optional reading

Approved by:

Validated by:

Date:

Office of Curriculum Development

Date: