



USIL INTERNATIONAL CENTER FOR STUDY AND RESEARCH		
Course: History and Culture of the Incas		
Professor: Vera Tyuleneva		
Number of contact hours: 48		
Credits: 3		
Recommended level: junior and senior		
COURSE SUMMARY		
This course introduces students to the most renowned of all pre-colonial South American societies, enabling them to explore its history in the heartland of the Inca state: the ancient capital city of Cusco. The course covers key aspects of the social structure, political development, economy, technology, religion and spirituality of the Incas. The central aim of the course is to guide students towards a deeper understanding of this extraordinary non-Western culture and its role in world history. Visits to archaeological sites and museums are included.		
	TOPIC / LEARNING ACTIVITY / ASSESSMENT ACTIVITY	HOURS
	UNIT 1: INTRODUCTION	
1.	Introduction to the course	1
2.	Writing a research paper: guidelines	1
3.	What is history?	1
4.	Sources of information on Pre-Columbian and Inca history	1
5.	Pre-Inca cultures	1
	UNIT 2: SPECIFIC ASPECTS OF THE INCA SOCIETY AND CULTURE	
6.	Social structure of the Inca Empire	1
7.	Political and administrative structure of the Inca Empire	1
8.	Myth and history: the origin of the Incas	1
9.	Expansion and crisis of the Empire	1
10.	Subsistence and food in the Inca society	1
11.	Inca economy	1
12.	Inca religion	1
13.	*Field trip to the Qorikancha museum	2
14.	Inca crafts and technology	1
15.	*Field trip to Museo Inka	2
16.	Cusco in the Inca times	1
17.	*Field trip to the center of Cusco: how to identify Inca buildings	3
18.	Practical values and symbolic values	1
19.	Spanish Conquest	1
20.	"The Royal Hunt of the Sun": film and discussion	2
21.	Machu Picchu	1
22.	Inca legacy in Peru today	1
	UNIT 3: FIELD STUDIES IN HISTORY	
23.	Field studies in history	1
24.	*Field trip to Maukallaqta and Pumaorqo, mythical Inca place of origin	6
25.	*Field trip to the sacred rocks near Cusco	6
26.	*Field trip to the archaeological site of Huchuy Qosqo	6
	UNIT 4: FINAL SEMINAR	
27.	Final seminar: students' final presentations	2



BASIC READING	
1.	BAUER, Brian. 2004. <i>Ancient Cuzco: Heartland of the Inca</i> . Austin: University of Texas Press.
2.	BETANZOS, Juan de. 2006 [1557-1576]. <i>Narrative of the Incas</i> . Austin: Texas University Press.
3.	BINGHAM, Hiram. 2002. <i>Lost city of the Incas: the story of Machu Picchu and its builders</i> . Lima: Librerías ABC.
4.	BURGER, Richard L. & Lucy C. SALAZAR. <i>Machu Picchu: Unveiling the Mystery of the Incas</i> . Yale University Press.
5.	D'ALTROY, Terence. 2015. <i>The Incas</i> . Second edition. Wiley Blackwell Publishing.
6.	GARCILASO DE LA VEGA, Inca. 2006 [1609]. <i>Royal Commentaries of the Incas and General History of Peru</i> . Translated by Harold V. Livermore. Edited by Karen Spalding. Abridged edition. Indianapolis: Hackett Publishing Company.
7.	GUAMÁN POMA DE AYALA, Felipe. 2006 [ca. 1615]. <i>The first new chronicle and good government</i> . Abridged edition. Selected, translated and annotated by David Frye. Indianapolis: Hackett Publishing Company.
8.	KAUFFMANN-DOIG, Federico. 2006. <i>Machu Picchu: Inca Treasure</i> . Lima.
9.	MORRIS, Craig & Adriana VON HAGEN. 2011. <i>The Incas: lords of the four quarters</i> . New York: Thames & Hudson.
10.	QUILTER, Jeffrey. 2011. <i>Treasures of the Incas: the glories of Inca and pre-Columbian South America</i> . London: Duncan Baird.
11.	ROSTWOROWSKI, María. 2006. Pachacutec and the Formation of the Inca State. Translated from Spanish by USIL. In: <i>Incas</i> . Lima: El Comercio.
12.	SARMIENTO DE GAMBOA, Pedro. 2003 [1572]. <i>History of the Incas</i> . Lexington.