

## Course Syllabus

### 1. Program of Study

Bachelor of Science Program  
 Bachelor of Arts Program  
 Bachelor of Business Administration Program  
 Bachelor of Nursing Science Program

### Faculty/Institute/College

Mahidol University International College

2. **Course Code** ICPE106      **Course Title** Physical Education: Tennis

3. **Number of Credits** 1 (Lecture-Lab)(0-3)

4. **Prerequisite (s)** None

5. **Type of Course** General Education

6. **Trimester/Academic year** Trimester 1, 2 and 3/ every academic year

### Course Description

History, value, rules and regulations of tennis; practice the basics of serving and hitting movements and other playing skills.

### Course Objective (s)

1. Learn basic tennis skills: groundstroke (forehand, backhand), volley, service.
2. Learn how to play games (Singles, Doubles)

### 9. Course Outline:

Week	Topic		Hour	Instructor
	Lab			
1	Orientation		3	<b>Vijit Kruasophon</b>
2	Warm-up; Groundstroke: Forehand basic		3	
3	Warm-up; Forehand basic practice Topspin Forehand Slice Forehand		3	
4	Warm-up; Groundstroke: Backhand basic		3	
5	Warm-up; Backhand basic practice Topspin Backhand Slice backhand		3	
6	<b>Written Examination</b>		3	
7	Warm-up; Review Forehand and Backhand Volley basic: Forehand/ Backhand volley		3	
8	Warm-up; Volley basic lesson and practice		3	
9	Warm-up; Service basic and		3	

	practice		
10	Warm-up; Game lesson and play Tactics	3	
11	Warm-up; Game lesson and play Tactics Questions & Answers, Conclusion	3	
12	<i>Final Exam (Theory)</i>		
	Total	33	

### Teaching Method (s)

Instructions, demonstrations and lead-up activities.

### Teaching Media

Instructor's handouts

### Measurement and evaluation of student achievement

Assessment made from the set-forward criteria:

100 – 90%	= A	74 – 70%	= C
89 – 85%	= B+	69 – 60%	= D
84 – 80%	= B	59 >	= F
79 – 75	= C+		

### Course evaluation

Final Examination (Basic skills)	20%	
Attendance and participation		65%
Written Examination	15%	
Total	100%	

### Reference (s)

*International Book of Tennis Drills; Specific Drills*

By United States Professional Tennis Registry, United States Professional Tennis Regist. (May 1998)

### Instructor (s)

Vijit Kruasophon

### Course Coordinator

Michael Naglis

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