

Course Syllabus

1. Program of Study

Bachelor of Science Program
 Bachelor of Arts Program
 Bachelor of Business Administration Program
 Bachelor of Nursing Science Program

Faculty/Institute/College

Mahidol University International College

2. Course Code ICPE109

Course Title Physical Education: Social Dance

3. Number of Credits

1 (Lecture-Lab)(0-3)

4. Prerequisite (s)

None

5. Type of Course

General Education

6. Trimester/Academic year

Trimester 1, 2 and 3/ every academic year

Course Description

Values of social dance; practicing basic movements as well as figures and skills of ballroom dancing.

Course Objective (s)

Student will be trained with the skills to confidently dance the following at a beginner to intermediate level of various dance rhythms including Waltz, Foxtrot, Tango, Cha Cha Cha, Samba, Rumba and Jive. The emphasis of the class will be on the practical side of Ballroom and Latin American dancing, but will include some history and nature of the dance in the form of brief lectures.

Course Outline

Week		Topic		Instructor	
		Lab			Hour
1	Introduction, Course Outline; <i>Cha Cha Cha</i> – Lesson I			3	Pitak Santanirand
2	<i>Tango</i> – Lesson I; <i>Cha Cha Cha</i> – Practice & Lesson II			3	
3	<i>Tango</i> - Lesson II; <i>Cha Cha Cha</i> and <i>Tango</i> – Practice			3	
4	<i>Rumba</i> Lesson; <i>Cha Cha Cha</i> , <i>Tango</i> and <i>Rumba</i> – <i>Practice</i>			3	
5	<i>Samba</i> Lesson I; <i>Cha Cha Cha</i> , <i>Tango</i> and <i>Rumba</i> – <i>Practice</i>			3	
6	<i>Samba Lesson</i> II;			3	

	<i>Cha Cha Cha, Tango and Rumba – Practice</i>			
7	<i>Jive Lesson I; Samba – Practice</i>			3
8	<i>Jive Lesson II; Samba and Jive – Practice</i>			3
9	Ballroom and Latin American dancing techniques; <i>All rhythms – Practice</i>			3
10-11	Video – Professional competitive dancing demonstration; <i>All rhythms – Practice</i>			6
12	<i>Final Exam</i>			

Total 33

Teaching Method (s)

Dance practices and demonstrations

Teaching Media

CD and video tapes

Measurement and evaluation of student achievement

Assessment made from the set-forward criteria:

Student who gets 90% up will have Grade A.

Dance training requires self-discipline, commitment and perseverance. Therefore, attendance and participation are essential to this class. Students are expected to work hard at improving their dance ability and to attend all classes. **Three absences = FAIL.**

Course evaluation

Final Examination	80%
Attendance and participation	20%
Total	100%

Reference (s)

Social Dance course book

By Dr. Pitak Santinirand

15. **Instructor (s)** Dr. Pitak Santanirand

16. **Course Coordinator** Michael Naglis

*****Dress***** Student should wear loose, comfortable clothing that does not restrict body movement. Shoes should be able to slide freely on the floor and contain enough flexibility.

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